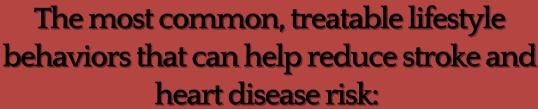
Your heart works hard for you-

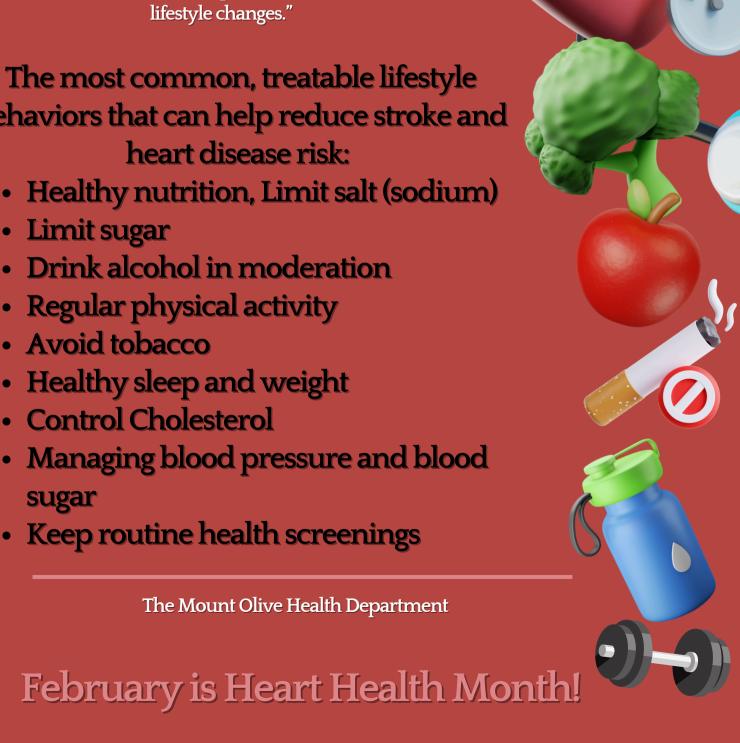
Make sure you work hard for it!

"Nearly 80% of heart disease and stroke events are preventable with lifestyle changes."



- Limit sugar

- sugar



Public Health

Township of Mount Olive Health Department